

Full Report (All Nutrients) 45133995, BANQUET SPAGHETTI AND MEATBALLS, UNPREPARED, GTIN: 00031000007225

Based on the GS1 Global Data Synchronization Network, [Powered by 1WorldSynch](#)

Report Date: May 26, 2017 15:49 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer ConAgra Foods Inc.

Nutrient	Unit	Data points	Std. Error	1 Meal (283g) 283g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	320	113
Protein	g	--	--	15.99	5.65
Carbohydrate, by difference	g	--	--	33.99	12.01
Sugars, total	g	--	--	6.00	2.12
Minerals					
Calcium, Ca	mg	--	--	99	35
Iron, Fe	mg	--	--	2.69	0.95
Potassium, K	mg	--	--	521	184
Sodium, Na	mg	--	--	841	297
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	2.3	0.8
Vitamin A, IU	IU	--	--	399	141
Lipids					
Fatty acids, total saturated	g	--	--	4.50	1.59
Fatty acids, total monounsaturated	g	--	--	5.01	1.77
Fatty acids, total polyunsaturated	g	--	--	3.00	1.06
Fatty acids, total trans	g	--	--	0.00	0.00
Cholesterol	mg	--	--	40	14

Amino Acids

Other

Ingredients

SAUCE: Water, Tomato Paste, Onions, Parmesan Cheese (Part-Skim Milk, Cheese Culture, Salt, Enzymes), Modified Corn Starch, Sugar, Soybean Oil, Crushed Garlic, Worcestershire Sauce (Vinegar, Molasses, High Fructose Corn Syrup, Anchovies, Water, Onions, Salt, Garlic, Tamarind Concentrate, Cloves, Natural Flavorings, Chili Pepper Extract), Salt, Flavoring, Citric Acid. COOKED SPAGHETTI: Water, Spaghetti (Durum Flour [Durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid], Dried Egg Whites), Soybean Oil. MEATBALLS: Mechanically Separated Chicken, Pork, Beef, Water, Textured Vegetable Protein (Soy Flour, Caramel Color), Soy Protein Concentrate, Breader (Enriched Bleached Wheat Flour [Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Durum Flour,

Leavening [Sodium Bicarbonate, Sodium Acid Pyrophosphate], Yeast), Salt, Dehydrated Onion, Crushed Garlic, Soy Sauce (Water, Wheat, Soybeans, Salt, Less than 0.1% Sodium Benzoate [Preservative]), Caramel Color, Sodium Tripolyphosphate, Nutmeg, Natural Flavors), Soy Lecithin, Citric Acid, Natural Flavor. CONTAINS: FISH (ANCHOVIES), EGG, MILK, SOY, WHEAT. *Date Last Updated by Company: 09/08/2016*